



# Arbor Farms Kitchen

## May Menu

Deli Salads, Entrees, Hot Bar, Organic Salad Bar, Hot Soups

color code plz be advised

**Hot Bar Buffet**  
**Dinner Menu**  
**4P - 7P**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Beef Stroganoff	BBQ Chicken	Chicken Pot Pie	Chicken Tikka masala	Shepherds Pie
Red Wine Marinara Pasta	Vegetarian Shepherd's Pie	Rstd Red Pepper Corn Cakes	Chickpea Curry w/ Sweet Potato	Kim-Chi Fried Rice
Herb-roasted Chicken	Nothern Italian Pasta	Steak & Peppers	Apple Crisp	Taco Casserole
color denotes:	Gluten-free	Vegetarian	Vegan	

**also offered on the Hot Bar: Vegetable Potato/Rice Beef Chili Soups of Day Chef Specials**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	1-May FRIDAY	2-May SATURDAY	3-May SUNDAY
				Fish Cakes	Bacon & Jalapeno Mac n Cheese	Southwest Turkey Burgers
				Zucchini Fritters	Curried Coconut Stuffed Peppers	Tortilla Black Bean Pie
				Apple and Cabbage Slaw	Buffalo Chicken Salad	Blue Cheese Pasta

4-May MONDAY	5-May TUESDAY	6-May WEDNESDAY	7-May THURSDAY	8-May FRIDAY	9-May SATURDAY	10-May SUNDAY
Grilled Blackened Chicken	Chicken Pot Pie	Turkey Gruyere Burgers	Tuscan Stuffed Peppers	Fish Cakes	Grilled Blackened Salmon	South American Picadillo Casserole
Mushroom Stuffed Gratin	Spinach Roasted Red Pepper Gratin	Mediterranean Frittata	Black Bean Burgers	Zucchini Fritters	Cauliflower Fritters	Vegan Chickpea Quesadillas
Tarragon Chicken Salad	Carrot Raisin Salad	Spicy Vietnamese Tofu Salad	Waldorf Salad	Southwest Summer Slaw	Imperial Chicken Salad	Carrot Chickpea Salad

11-May MONDAY	12-May TUESDAY	13-May WEDNESDAY	14-May THURSDAY	15-May FRIDAY	16-May SATURDAY	17-May SUNDAY
Garlic Tomato Burgers	Chicken Pot Pie	Turkey Gruyere Burgers	Shepherds Pie	Fish Cakes	Bacon & Jalapeno Mac n Cheese	Southwest Turkey Burgers
Portobello Parmesan	Rstd Red Pepper Corn Cakes	Breakfast Burritos	Black Bean Burgers	Zucchini Fritters	Curried Coconut Stuffed Peppers	Tortilla Black Bean Pie
Wheatberry Spring Salad	Grilled Salmon Salad	Tuscan White Bean Salad	Broccoli Chutney	Apple and Cabbage Slaw	Buffalo Chicken Salad	Blue Cheese Pasta

18-May MONDAY	19-May TUESDAY	20-May WEDNESDAY	21-May THURSDAY	22-May FRIDAY	23-May SATURDAY	24-May SUNDAY
Grilled Blackened Chicken	Chicken Pot Pie	Turkey Gruyere Burgers	Tuscan Stuffed Peppers	Fish Cakes	Grilled Blackened Salmon	South American Picadillo Casserole
Mushroom Stuffed Gratin	Spinach Roasted Red Pepper Gratin	Mediterranean Frittata	Black Bean Burgers	Zucchini Fritters	Cauliflower Fritters	Vegan Chickpea Quesadillas
Tarragon Chicken Salad	Carrot Raisin Salad	Spicy Vietnamese Tofu Salad	Waldorf Salad	Southwest Summer Slaw	Imperial Chicken Salad	Carrot Chickpea Salad

25-May MONDAY	26-May TUESDAY	27-May WEDNESDAY	28-May THURSDAY	29-May FRIDAY	30-May SATURDAY	31-May SUNDAY
Garlic Tomato Burgers	Chicken Pot Pie	Turkey Gruyere Burgers	Shepherds Pie	Fish Cakes	Bacon & Jalapeno Mac n Cheese	Southwest Turkey Burgers
Portobello Parmesan	Rstd Red Pepper Corn Cakes	Breakfast Burritos	Black Bean Burgers	Zucchini Fritters	Curried Coconut Stuffed Peppers	Tortilla Black Bean Pie
Wheatberry Spring Salad	Grilled Salmon Salad	Tuscan White Bean Salad	Broccoli Chutney	Apple and Cabbage Slaw	Buffalo Chicken Salad	Blue Cheese Pasta

	CREATIONS	AVAILABLE	EVERY	DAY	IN	MAY
<b>Every Day Entrees:</b>	Salmon Burgers	Grilled Chicken Breast	<b>Every Day Salads:</b>	Classic Potato Salad	Broccoli Sunshine	Almond-Dill Chicken Salad
	Grilled Vegetable Lasagna	Mario's Lasagna	Southwest Quinoa Salad	AFM Chicken Salad	AFM Tuna Salad	Not-Chicken of the Sea
	Sesame-cruste Tofu Outlets	Turkey Meat Loaf	Sesame Green Beans	AFM Coleslaw	Waldorf Salad	Greek Pasta Salad