



# Arbor Farms Kitchen

## March Menu

Deli Salads, Entrees, Hot Bar, Organic Salad Bar, Hot Soups

color code plz be advised

**Hot Bar Buffet**

**Dinner Menu**

**4P - 7P**

**also offered on the Hot Bar: Vegetable Potato/Rice Beef Chili Soups of Day Chef Specials**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Beef Stroganoff	North Italian Penne Pasta	Chicken Pot Pie	Chicken Tikka masala	Taco Casserole
Red Wine Marinara Pasta	BBQ Chicken	Rstd Red Pepper Corn Cakes	Chicken Curry w/ Sweet Potato	Kim-Chi Fried Rice
Herb-roasted Chicken	Vegetarian Shepherd's Pie	Steak & Peppers	Apple Crisp	Shepherd's Pier
color denotes:	Gluten-free	Vegetarian	Vegan	

2-Mar	3-Mar	4-Mar	5-Mar	6-Mar	7-Mar	8-Mar
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Grilled Blackened Chicken	Chicken Pot Pie	Turkey Gruyere Burgers	Shepherds Pie	Fish Cakes	Grilled Blackened Salmon	South American Picadillo Casserole
Mushroom Stuffed Gratin	Spinach Roasted Red Pepper Gratin	Mediterranean Frittata	Black Bean Burgers	Zucchini Fritters	Baked Penne with Cauliflower	Vegetarian Sheperds Pie
Tarragon Chicken Salad	Carrot Raisin Salad	Spicy Vietnamese Tofu Salad	Waldorf Salad	Spiced Whipped Sweet Potatoes	Imperial Chicken Salad	Carrot Chickpea Salad

9-Mar	10-Mar	11-Mar	12-Mar	13-Mar	14-Mar	15-Mar
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Garlic Tomato Burgers	Chicken Pot Pie	Turkey Gruyere Burgers	Mushroom Bread Pudding	Fish Cakes	Bacon & Jalapeno Mac n Cheese	Southwest Turkey Burgers
Portobello Parmesan	Rstd Red Pepper Corn Cakes	Butternut Hazelnut Lasagna	Black Bean Burgers	Zucchini Fritters	Curried Coconut Stuffed Peppers	Tortilla Black Bean Pie
Wheatberry Spring Salad	Grilled Salmon Salad	Tuscan White Bean Salad	Broccoli Chutney	Apple and Cabbage Slaw	Blackened Chicken Salad	Blue Cheese Pasta

16-Mar	17-Mar	18-Mar	19-Mar	20-Mar	21-Mar	22-Mar
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Grilled Blackened Chicken	Chicken Pot Pie	Turkey Gruyere Burgers	Shepherds Pie	Fish Cakes	Grilled Blackened Salmon	South American Picadillo Casserole
Mushroom Stuffed Gratin	Spinach Roasted Red Pepper Gratin	Mediterranean Frittata	Black Bean Burgers	Zucchini Fritters	Baked Penne with Cauliflower	Vegetarian Sheperds Pie
Tarragon Chicken Salad	Carrot Raisin Salad	Spicy Vietnamese Tofu Salad	Waldorf Salad	Spiced Whipped Sweet Potatoes	Imperial Chicken Salad	Carrot Chickpea Salad

23-Mar	24-Mar	25-Mar	26-Mar	27-Mar	28-Mar	29-Mar
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Garlic Tomato Burgers	Chicken Pot Pie	Turkey Gruyere Burgers	Mushroom Bread Pudding	Fish Cakes	Bacon & Jalapeno Mac n Cheese	Southwest Turkey Burgers
Portobello Parmesan	Rstd Red Pepper Corn Cakes	Butternut Hazelnut Lasagna	Black Bean Burgers	Zucchini Fritters	Curried Coconut Stuffed Peppers	Tortilla Black Bean Pie
Wheatberry Spring Salad	Grilled Salmon Salad	Tuscan White Bean Salad	Broccoli Chutney	Apple and Cabbage Slaw	Blackened Chicken Salad	Blue Cheese Pasta

30-Mar	31-Mar
MONDAY	TUESDAY
Grilled Blackened Chicken	Chicken Pot Pie
Mushroom Stuffed Gratin	Spinach Roasted Red Pepper Gratin
Tarragon Chicken Salad	Carrot Raisin Salad

	CREATIONS	AVAILABLE	EVERY	DAY	IN	
<b>Every Day Entrees:</b>	Salmon Burgers	Grilled Chicken Breast	<b>Every Day Salads:</b>	Classic Potato Salad	Broccoli Sunshine	Almond-Dill Chicken Salad
	Grilled Salmon	Mario's Lasagna	Southwest Quinoa Salad	AFM Chicken Salad	AFM Tuna Salad	Not-Chicken of the Sea
	Sesame-crusted Tofu Cutlets	Turkey Meat Loaf	Sesame Green Beans	AFM Coleslaw	Waldorf Salad	Greek Pasta Salad