



Arbor Farms Market March Soup Schedule

Available daily in our Grab 'n Go:

Tomato Basi

2-Mar		3-Mar		4-Mar		5-Mar		6-Mar		7-Mar	
MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY	
Roasted Chicken Noodle		Roasted Chicken Noodle		Roasted Chicken Noodle		Roasted Chicken Noodle		Roasted Chicken Noodle		Roasted Chicken Noodle	
Cream of Spinach		Potato Leeks and Irish Cheddar		Three Bean Moroccan		Cabbage Carrot Caraway		Spiced Mexican Squash Stew		French Lentil Vegetable	
Turkey Orzo		Hearty Ham and Bean		Bombay Chicken and Vegetable		Blackened Steak and Potato		Curried Salmon Chowder		Hearty Beef Chili	
9-Mar		10-Mar		11-Mar		12-Mar		13-Mar		14-Mar	
MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY	
Roasted Chicken Noodle		Roasted Chicken Noodle		Roasted Chicken Noodle		Roasted Chicken Noodle		Roasted Chicken Noodle		Roasted Chicken Noodle	
Curried Lentil and Spinach		African Peanut Stew		White Cheddar Broccoli		Carrot Ginger		Yellow Split Pea		Roasted Cauliflower	
Chorizo Black Bean Chili		Bean and Bacon		Bombay Chicken and Vegetable		Cuban Beef Stew		Blackened Salmon Chowder		Hearty Beef Chili	
16-Mar		17-Mar		18-Mar		19-Mar		20-Mar		21-Mar	
MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY	
Roasted Chicken Noodle		Roasted Chicken Noodle		Roasted Chicken Noodle		Roasted Chicken Noodle		Roasted Chicken Noodle		Roasted Chicken Noodle	
Cream of Spinach		Potato Leeks and Irish Cheddar		Three Bean Moroccan		Cabbage Carrot Caraway		Spiced Mexican Squash Stew		French Lentil Vegetable	
Turkey Orzo		Hearty Ham and Bean		Bombay Chicken and Vegetable		Blackened Steak and Potato		Curried Salmon Chowder		Hearty Beef Chili	
23-Mar		24-Mar		25-Mar		26-Mar		27-Mar		28-Mar	
MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY	
Roasted Chicken Noodle		Roasted Chicken Noodle		Roasted Chicken Noodle		Roasted Chicken Noodle		Roasted Chicken Noodle		Roasted Chicken Noodle	
Curried Lentil and Spinach		African Peanut Stew		White Cheddar Broccoli		Carrot Ginger		Yellow Split Pea		Roasted Cauliflower	
Turkey Orzo		Bean and Bacon		Bombay Chicken and Vegetable		Cuban Beef Stew		Blackened Salmon Chowder		Hearty Beef Chili	
30-Mar		31-Mar									
MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY	
Roasted Chicken Noodle		Roasted Chicken Noodle									
Cream of Spinach		Potato Leeks and Irish Cheddar									
Turkey Orzo		Hearty Ham and Bean									