



Arbor Farms Kitchen

May Entrees & Salads

Rotating Seasonal Favorites

		1-May		2-May		3-May		4-May	
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY			
			Turkey and Spinach Lasagna	Fish Cakes	Bacon & Jalapeno Mac n Cheese	Ginger Lime Thighs			
			Black Bean Burgers	Zucchini Fritters	Curried Coconut Stuffed Peppers	Tortilla Black Bean Pie			
			Broccoli Chutney	Apple and Cabbage Slaw	Buffalo Chicken Salad	Blue Cheese Pasta			
5-May		6-May		7-May		8-May		11-May	
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY			
Grilled Blackened Chicken	Chicken Pot Pie	Turkey Gruyere Burgers	Tuscan Stuffed Peppers	Fish Cakes	Breaded Chicken	South American Picadillo Casserole			
Mushroom Stuffed Gratin	Zucchini Fritters	Mediterranean Frittata	Black Bean Burgers	Zucchini Fritters	Curried Coconut Stuffed Peppers	Cauliflower Fritters			
Tarragon Chicken Salad	Grilled Salmon Salad	Spicy Vietnamese Tofu Salad	Waldorf Salad	Apple and Cabbage Slaw	Buffalo Chicken Salad	Carrot Chickpea Salad			
12-May		13-May		14-May		15-May		18-May	
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY			
Garlic Tomato Burgers	Chicken Pot Pie	Turkey Gruyere Burgers	Turkey and Spinach Lasagna	Fish Cakes	Bacon & Jalapeno Mac n Cheese	Ginger Lime Thighs			
Portobello Parmesan	Rstd Red Pepper Corn Cakes	Mediterranean Frittata	Black Bean Burgers	Zucchini Fritters	Curried Coconut Stuffed Peppers	Tortilla Black Bean Pie			
Wheatberry Spring Salad	Carrot Raisin Salad	Tuscan White Bean Salad	Broccoli Chutney	Apple and Cabbage Slaw	Buffalo Chicken Salad	Blue Cheese Pasta			
19-May		20-May		21-May		22-May		25-May	
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY			
Grilled Blackened Chicken	Chicken Pot Pie	Turkey Gruyere Burgers	Tuscan Stuffed Peppers	Fish Cakes	Breaded Chicken	South American Picadillo Casserole			
Mushroom Stuffed Gratin	Zucchini Fritters	Mediterranean Frittata	Black Bean Burgers	Zucchini Fritters	Curried Coconut Stuffed Peppers	Cauliflower Fritters			
Tarragon Chicken Salad	Grilled Salmon Salad	Spicy Vietnamese Tofu Salad	Waldorf Salad	Apple and Cabbage Slaw	Buffalo Chicken Salad	Carrot Chickpea Salad			
26-May		27-May		28-May		29-May		31-May	
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY			
Garlic Tomato Burgers	Chicken Pot Pie	Turkey Gruyere Burgers	Turkey and Spinach Lasagna	Fish Cakes	Bacon & Jalapeno Mac n Cheese				
Portobello Parmesan	Rstd Red Pepper Corn Cakes	Mediterranean Frittata	Black Bean Burgers	Zucchini Fritters	Curried Coconut Stuffed Peppers				
Wheatberry Spring Salad	Carrot Raisin Salad	Tuscan White Bean Salad	Broccoli Chutney	Apple and Cabbage Slaw	Buffalo Chicken Salad				
	CREATIONS	AVAILABLE	EVERY	DAY		May			
Every Day Entrees:	Salmon Burgers	Grilled Chicken Breast	Every Day Salads:	Classic Potato Salad	Broccoli Sunshine	Almond-Dill Chicken Salad			
Grilled Salmon	Vegetable Lasagna	Mario's Lasagna	Quinoa Tabbouleh	AFM Chicken Salad	AFM Tuna Salad	Not-Chicken of the Sea			
Sesame-cruste Tofu Cutlets	Mac n' Cheese	Turkey Meat Loaf	Sesame Green Beans	AFM Coleslaw	AFM Macaroni Salad	Greek Pasta Salad			