



## Arbor Farms Kitchen

### March Entrees & Salads

#### Rotating Seasonal Favorites

31-Mar				1-Mar		3//2	
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
Grilled Blackened Chicken					Bacon & Jalapeno Mac n Cheese	Ginger Lime Thighs	
Mushroom Stuffed Gratin					Curried Coconut Stuffed Peppers	Tortilla Black Bean Pie	
Tarragon Chicken Salad					Buffalo Chicken Salad	Blue Cheese Pasta	
3-Mar		4-Mar	5-Mar	6-Mar	7-Mar	8-Mar	
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
Grilled Blackened Chicken		Chicken Pot Pie	Turkey Gruyere Burgers	Tuscan Stuffed Peppers	Fish Cakes	Breaded Chicken	South American Picadillo Casserole
Mushroom Stuffed Gratin		Zucchini Fritters	Stuffed Acorn Squash	Black Bean Burgers	Zucchini Fritters	Curried Coconut Stuffed Peppers	Cauliflower Fritters
Tarragon Chicken Salad		Grilled Salmon Salad	Spicy Vietnamese Tofu Salad	Waldorf Salad	Apple and Cabbage Slaw	Buffalo Chicken Salad	Carrot Chickpea Salad
10-Mar		11-Mar	12-Mar	13-Mar	14-Mar	15-Mar	
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
Garlic Tomato Burgers		Chicken Pot Pie	Turkey Gruyere Burgers	Turkey and Spinach Lasagna	Fish Cakes	Bacon & Jalapeno Mac n Cheese	Ginger Lime Thighs
Portobello Parmesan		Rstd Red Pepper Corn Cakes	Stuffed Acorn Squash	Black Bean Burgers	Zucchini Fritters	Curried Coconut Stuffed Peppers	Tortilla Black Bean Pie
Wheatberry Spring Salad		Carrot Raisin Salad	Tuscan White Bean Salad	Broccoli Chutney	Spiced Whipped Sweet Potatoes	Buffalo Chicken Salad	Blue Cheese Pasta
17-Mar		18-Mar	19-Mar	20-Mar	21-Mar	22-Mar	
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
Grilled Blackened Chicken		Chicken Pot Pie	Turkey Gruyere Burgers	Tuscan Stuffed Peppers	Fish Cakes	Breaded Chicken	South American Picadillo Casserole
Mushroom Stuffed Gratin		Zucchini Fritters	Stuffed Acorn Squash	Black Bean Burgers	Zucchini Fritters	Curried Coconut Stuffed Peppers	Cauliflower Fritters
Tarragon Chicken Salad		Grilled Salmon Salad	Spicy Vietnamese Tofu Salad	Waldorf Salad	Apple and Cabbage Slaw	Buffalo Chicken Salad	Carrot Chickpea Salad
24-Mar		25-Mar	26-Mar	27-Mar	28-Mar	29-Mar	
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
Garlic Tomato Burgers		Chicken Pot Pie	Turkey Gruyere Burgers	Turkey and Spinach Lasagna	Fish Cakes	Bacon & Jalapeno Mac n Cheese	Ginger Lime Thighs
Portobello Parmesan		Rstd Red Pepper Corn Cakes	Stuffed Acorn Squash	Black Bean Burgers	Zucchini Fritters	Curried Coconut Stuffed Peppers	Tortilla Black Bean Pie
Wheatberry Spring Salad		Carrot Raisin Salad	Tuscan White Bean Salad	Broccoli Chutney	Apple and Cabbage Slaw	Buffalo Chicken Salad	Blue Cheese Pasta
	CREATIONS	AVAILABLE	EVERY	DAY	IN	MARCH	
<b>Every Day Entrees:</b>	Salmon Burgers	Grilled Chicken Breast	<b>Every Day Salads:</b>	Classic Potato Salad	Broccoli Sunshine	Almond-Dill Chicken Salad	
Grilled Salmon	Vegetable Lasagna	Mario's Lasagna	Quinoa Tabbouleh	AFM Chicken Salad	AFM Tuna Salad	Not-Chicken of the Sea	
Sesame-cruste Tofu Cutlets	Mac n' Cheese	Turkey Meat Loaf	Sesame Green Beans	AFM Coleslaw	AFM Macaroni Salad	Greek Pasta Salad	