



Arbor Farms Kitchen

February Entrees & Salads

Rotating Seasonal Favorites

					1-Feb	2-Feb
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
					Bacon & Jalapeno Mac n Cheese	Ginger Lime Thighs
					Butternut Lasagna	Tortilla Black Bean Pie
					Buffalo Chicken Salad	Blue Cheese Pasta
3-Feb	4-Feb	5-Feb	6-Feb	7-Feb	8-Feb	9-Feb
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Grilled Blackened Chicken	Chicken Pot Pie	Turkey Gruyere Burgers	Tuscan Stuffed Peppers	Fish Cakes	Breaded Chicken	South American Picadillo Casserole
Mushroom Stuffed Gratin	Spinach Roasted Red Pepper Gratin	Stuffed Acorn Squash	Black Bean Burgers	Zucchini Fritters	Butternut Lasagna	Cauliflower Fritters
Tarragon Chicken Salad	Grilled Salmon Salad	Spicy Vietnamese Tofu Salad	Waldorf Salad	Apple and Cabbage Slaw	Buffalo Chicken Salad	Carrot Chickepea Salad
10-Feb	11-Feb	12-Feb	13-Feb	14-Feb	15-Feb	16-Feb
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Garlic Tomato Burgers	Chicken Pot Pie	Turkey Gruyere Burgers	Mushroom Bread Pudding	Fish Cakes	Bacon & Jalapeno Mac n Cheese	Ginger Lime Thighs
Portobello Parmesan	Rstd Red Pepper Corn Cakes	Stuffed Acorn Squash	Black Bean Burgers	Zucchini Fritters	Butternut Lasagna	Tortilla Black Bean Pie
Wheatberry Spring Salad	Carrot Raisin Salad	Tuscan White Bean Salad	Broccoli Chutney	Spiced Whipped Sweet Potatoes	Buffalo Chicken Salad	Blue Cheese Pasta
17-Feb	18-Feb	19-Feb	20-Feb	21-Feb	22-Feb	23-Feb
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Grilled Blackened Chicken	Chicken Pot Pie	Turkey Gruyere Burgers	Tuscan Stuffed Peppers	Fish Cakes	Breaded Chicken	South American Picadillo Casserole
Mushroom Stuffed Gratin	Spinach Roasted Red Pepper Gratin	Stuffed Acorn Squash	Black Bean Burgers	Zucchini Fritters	Butternut Lasagna	Cauliflower Fritters
Tarragon Chicken Salad	Grilled Salmon Salad	Spicy Vietnamese Tofu Salad	Waldorf Salad	Apple and Cabbage Slaw	Buffalo Chicken Salad	Carrot Chickepea Salad
24-Feb	25-Feb	26-Feb	27-Feb	28-Feb		
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Garlic Tomato Burgers	Chicken Pot Pie	Turkey Gruyere Burgers	Mushroom Bread Pudding	Fish Cakes		
Portobello Parmesan	Rstd Red Pepper Corn Cakes	Stuffed Acorn Squash	Black Bean Burgers	Zucchini Fritters		
Wheatberry Spring Salad	Carrot Raisin Salad	Tuscan White Bean Salad	Broccoli Chutney	Apple and Cabbage Slaw		
	CREATIONS	AVAILABLE	EVERY	DAY	IN	February
Every Day Entrees:	Salmon Burgers	Grilled Chicken Breast	Every Day Salads:	Classic Potato Salad	Broccoli Sunshine	Almond-Dill Chicken Salad
Grilled Salmon	Vegetable Lasagna	Mario's Lasagna	Quinoa Tabbouleh	AFM Chicken Salad	AFM Tuna Salad	Not-Chicken of the Sea
Sesame-cruste Tofu Cutlets	Mac n' Cheese	Turkey Meat Loaf	Sesame Green Beans	AFM Coleslaw	AFM Macaroni Salad	Greek Pasta Salad