Arbor Farms Market
October Soup Schedule
Available daily in our Grab 'n Go:
Tomato Basil

	1-Oct	2-Oct	3-Oct	4-Oct	5-Oct	6-Oct
MONDAY	**TUESDAY**	**WEDNESDAY**	**THURSDAY**	**FRIDAY**	**SATURDAY**	**SUNDAY**
Roasted Chicken Noodle	Roasted Chicken Noodle	Roasted Chicken Noodle	Roasted Chicken Noodle	Roasted Chicken Noodle	Roasted Chicken Noodle	Roasted Chicken Noodle
Wild Mushroom and Barley	Caramelized Onion/ Sweet Pot	Curried Lentil and Spinach	White Cheddar Broccoli	Butternut Parsnip	Cream of Mushroom	Chunky Potato
Wild Rice Chicken	Beef and Barley	Wild Rice Chicken	Bean and Bacon	Blackened Salmon Chowder	Hearty Beef Chili	Smoked Turkey and White Bean
7-Oct	8-Oct	9-Oct	10-Oct	11-Oct	12-Oct	13-Oct
MONDAY	**TUESDAY**	**WEDNESDAY**	**THURSDAY**	**FRIDAY**	**SATURDAY**	**SUNDAY**
Roasted Chicken Noodle	Roasted Chicken Noodle	Roasted Chicken Noodle	Roasted Chicken Noodle	Roasted Chicken Noodle	Roasted Chicken Noodle	Roasted Chicken Noodle
Potato Lentil w/ Garam Masala	Roasted Vegetable Barley	German Beer and Cheddar	Navy Bean Vegetable	Roasted Cauliflower	Hot and Sour	Jarlsberg and Onion
Spicy Thai Basil Chicken	Polish Sausage & White Bean	Beef and Vegetable	Bombay Chicken and Vegeable	Curried Salmon Chowder	Turkey Black Bean Chili	Lamb and Lentil
14-Oct	15-Oct	16-Oct	17-Oct	18-Oct	19-Oct	20-Oct
MONDAY	**TUESDAY**	**WEDNESDAY**	**THURSDAY**	**FRIDAY**	**SATURDAY**	**SUNDAY**
Roasted Chicken Noodle	Roasted Chicken Noodle	Roasted Chicken Noodle	Roasted Chicken Noodle	Roasted Chicken Noodle	Roasted Chicken Noodle	Roasted Chicken Noodle
Pumpkin Bisque	Caramelized Onion/Sweet Pot	Curried Lentil and Spinach	White Cheddar Broccoli	Butternut Parsnip	Cream of Mushroom	Chunky Potato
Chx Noodle with Ginger & Shiitake	Beef and Barley	Wild Rice Chicken	Bean and Bacon	Blackened Salmon Chowder	Hearty Beef Chili	Smoked Turkey and White Bean
21-Oct	22-Oct	23-Oct	24-Oct	25-Oct	26-Oct	27-Oct
MONDAY	**TUESDAY**	**WEDNESDAY**	**THURSDAY**	**FRIDAY**	**SATURDAY**	**SUNDAY**
Roasted Chicken Noodle	Roasted Chicken Noodle	Roasted Chicken Noodle	Roasted Chicken Noodle	Roasted Chicken Noodle	Roasted Chicken Noodle	Roasted Chicken Noodle
Potato Lentil w/ Garam Masala	Roasted Vegetable Barley	German Beer and Cheddar	Navy Bean Vegetable	Roasted Cauliflower	Hot and Sour	Jarlsberg and Onion
Spicy Thai Basil Chicken	Polish Sausage & White Bean	Beef and Vegetable	Bombay Chicken and Vegetable	Curried Salmon Chowder	Turkey Black Bean Chili	Lamb and Lentil
28-Oct	29-Oct	30-Oct	31-Oct			
MONDAY	**TUESDAY**	**WEDNESDAY**	**THURSDAY**	**FRIDAY**	**SATURDAY**	**SUNDAY**
Roasted Chicken Noodle	Roasted Chicken Noodle	Roasted Chicken Noodle	Roasted Chicken Noodle			
Pumpkin Bisque	Caramelized Onion/Sweet Pot	Curried Lentil and Spinach	White Cheddar Broccoli			
Chx Noodle with Ginger & Shiitake	Beef and Barley	Wild Rice Chicken	Bean and Bacon			