



## Arbor Farms Market September Soup Schedule

**Available daily in our Grab 'n Go:**

### Tomato Basil

2-Sep		3-Sep		4-Sep		5-Sep		6-Sep		7-Sep		8-Sep	
MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY	
Roasted Chicken Noodle		Roasted Chicken Noodle		Roasted Chicken Noodle		Roasted Chicken Noodle		Roasted Chicken Noodle		Roasted Chicken Noodle		Roasted Chicken Noodle	
Wild Mushroom and Barley		Curried Lentil and Spinach		Cream of Mushroom		French Lentil Vegetable		Cabbage Carrot Caraway		Tomato Basil		German Beer and Cheddar	
Wild Rice Chicken		Turkey Gumbo		Lamb and Lentil		Spicy Thai Basil Chicken		Blackened Salmon Chowder		Turkey Black Bean Chili		Mulligatawny	
9-Sep		10-Sep		11-Sep		12-Sep		13-Sep		14-Sep		15-Sep	
MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY	
Roasted Chicken Noodle		Roasted Chicken Noodle		Roasted Chicken Noodle		Roasted Chicken Noodle		Roasted Chicken Noodle		Roasted Chicken Noodle		Roasted Chicken Noodle	
Chunky Potato		African Peanut		Minestrone		Roasted Cauliflower		White Cheddar Broccoli		Spicy Black Bean		Lentil	
Bean and Bacon		Beef and Mushroom Barley		Bombay Chicken and Vegetable		Beef and Vegetable		Curried Salmon Chowder		Hearty Beef Chili		Chicken Rice Shiitake	
16-Sep		17-Sep		18-Sep		19-Sep		20-Sep		21-Sep		22-Sep	
MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY	
Roasted Chicken Noodle		Roasted Chicken Noodle		Roasted Chicken Noodle		Roasted Chicken Noodle		Roasted Chicken Noodle		Roasted Chicken Noodle		Roasted Chicken Noodle	
Wild Mushroom and Barley		Curried Lentil and Spinach		Cream of Mushroom		French Lentil Vegetable		Cabbage Carrot Caraway		Tomato Basil		German Beer and Cheddar	
Wild Rice Chicken		Turkey Gumbo		Lamb and Lentil		Beef and Vegetable		Blackened Salmon Chowder		Turkey Black Bean Chili		Mulligatawny	
23-Sep		24-Sep		25-Sep		26-Sep		27-Sep		28-Sep		29-Sep	
MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY	
Roasted Chicken Noodle		Roasted Chicken Noodle		Roasted Chicken Noodle		Roasted Chicken Noodle		Roasted Chicken Noodle		Roasted Chicken Noodle		Roasted Chicken Noodle	
Chunky Potato		African Peanut		Minestrone		Roasted Cauliflower		White Cheddar Broccoli		Spicy Black Bean		Lentil	
Bean and Bacon		Beef and Mushroom Barley		Bombay Chicken and Vegetable		Beef and Vegetable		Curried Salmon Chowder		Hearty Beef Chili		Chicken Rice Shiitake	