



Arbor Farms Kitchen

August Entrees & Salads

Rotating Seasonal Favorites

29-Jul	30-Jul	31-Jul	1-Aug	2-Aug	3-Aug	4-Aug
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Garlic Tomato Burgers	Chicken Pot Pie	Turkey Gruyere Burgers	G-F Almond Breaded Chicken	Fish Cakes	Bacon & Jalapeno Mac n Cheese	Ginger Lime Thighs
Portobello Parmesan	Rstd Red Pepper Corn Cakes	Tortilla Black Bean Pie	Black Bean Burgers	Zucchini Fritters	Corn and Shiitake Frittata	Cauliflower Fritters
Wheatberry Spring Salad	Carrot Raisin Salad	Tuscan White Bean Salad	Broccoli Chutney	Apple and Cabbage Slaw	Asparagus Caprese	Blue Cheese Pasta
5-Aug	6-Aug	7-Aug	8-Aug	9-Aug	10-Aug	11-Aug
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Grilled Blackened Chicken	Chicken Pot Pie	Turkey Gruyere Burgers	Tuscan Stuffed Peppers	Fish Cakes	Breaded Chicken	South American Picadillo Casserole
Mushroom Stuffed Gratin	Spinach Roasted Red Pepper Gratin	Tortilla Black Bean Pie	Black Bean Burgers	Zucchini Fritters	Mediterranean Frittata	Cauliflower Fritters
Tarragon Chicken Salad	Grilled Salmon Salad	Spicy Vietnamese Tofu Salad	Waldorf Salad	Apple and Cabbage Slaw	Asparagus Caprese	Carrot Chickpea Salad
12-Aug	13-Aug	13-Aug	14-Aug	15-Aug	16-Aug	17-Aug
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Garlic Tomato Burgers	Chicken Pot Pie	Turkey Gruyere Burgers	G-F Almond Breaded Chicken	Fish Cakes	Bacon & Jalapeno Mac n Cheese	Ginger Lime Thighs
Portobello Parmesan	Rstd Red Pepper Corn Cakes	Breakfast Burritos	Black Bean Burgers	Zucchini Fritters	Corn and Shiitake Frittata	Cauliflower Fritters
Wheatberry Spring Salad	Carrot Raisin Salad	Tuscan White Bean Salad	Broccoli Chutney	Apple and Cabbage Slaw	Asparagus Caprese	Blue Cheese Pasta
18-Aug	19-Aug	20-Aug	21-Aug	22-Aug	23-Aug	24-Aug
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Grilled Blackened Chicken	Chicken Pot Pie	Turkey Gruyere Burgers	Tuscan Stuffed Peppers	Fish Cakes	Breaded Chicken	South American Picadillo Casserole
Mushroom Stuffed Gratin	Spinach Roasted Red Pepper Gratin	Tortilla Black Bean Pie	Black Bean Burgers	Zucchini Fritters	Mediterranean Frittata	Cauliflower Fritters
Tarragon Chicken Salad	Grilled Salmon Salad	Spicy Vietnamese Tofu Salad	Waldorf Salad	Apple and Cabbage Slaw	Asparagus Caprese	Carrot Chickpea Salad
25-Aug	26-Aug	27-Aug	28-Aug	29-Aug	30-Aug	31-Aug
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Garlic Tomato Burgers	Chicken Pot Pie	Turkey Gruyere Burgers	G-F Almond Breaded Chicken	Fish Cakes	Bacon & Jalapeno Mac n Cheese	Ginger Lime Thighs
Portobello Parmesan	Rstd Red Pepper Corn Cakes	Tortilla Black Bean Pie	Black Bean Burgers	Zucchini Fritters	Corn and Shiitake Frittata	Cauliflower Fritters
Wheatberry Spring Salad	Carrot Raisin Salad	Tuscan White Bean Salad	Broccoli Chutney	Apple and Cabbage Slaw	Asparagus Caprese	Blue Cheese Pasta
	CREATIONS	AVAILABLE	EVERY	DAY	IN	April
Every Day Entrees:	Salmon Burgers	Grilled Chicken Breast	Every Day Salads:	Classic Potato Salad	Broccoli Sunshine	Almond-Dill Chicken Salad
Grilled Salmon	Vegetable Lasagna	Mario's Lasagna	Quinoa Tabbouleh	AFM Chicken Salad	AFM Tuna Salad	Not-Chicken of the Sea
Sesame-cruste Tofu Cutlets	Mac n' Cheese	Turkey Meat Loaf	Olympian Salad	AFM Coleslaw	AFM Macaroni Salad	Greek Pasta Salad